

# April

2024  
JCS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
Fruit Juice Mini Fr. Toast Syrup Cereal English / Jelly Milk	Fruit Juice Bk. Parfait Cereal Muffins Milk	Fruit Juice Bk. Egg bowl Cereal Toast Jelly Milk	Fruit Juice Waffles Syrup Cereal Toast/ Jelly Milk	Fruit Juice Bagel with Cr. cheese or P. B. Cereal Toast/ Jelly Milk
Fruit Juice Breakfast pizza Hash brown Cereal Toast/ Jelly Milk	Fruit Juice Choice of cereal Toast Jelly Milk	Fruit Juice Bacon & cheese on a bagel Cereal English/ Jelly Milk	Fruit Juice Fruit Smoothies Cereal Muffin Milk	Fruit Juice Pancakes Syrup Cereal Toast/ Jelly Milk
Fruit Juice Sausage & Ch. On an English Cereal English/ Jelly Milk	Fruit Juice French toast Syrup Cereal Toast Jelly Milk	Fruit Juice Bk. Wrap Cereal Toast Jelly Milk	Fruit Juice Mini Cinnamon rolls Cereal Toast/ Jelly Milk	Fruit Juice Yogurt Cereal Muffin Milk
Fruit Juice 2 cheese omelet Cereal Muffins Milk	Fruit Juice Bacon & cheese on a bagel Cereal Toast/ Jelly Milk			Fresh fruit and vegetables used  Price: Students K-12 Free Adult: \$2.80

**BREAKFAST MENU IS SUBJECT TO CHANGE WITHOUT NOTICE**









# April

2024  
JCS LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Meatball sub 8 Baked chips Carrot sticks Fruit Milk 	2 Chicken 9 Nuggets Rice Vegetables Muffins Fruit Milk	3 Hamburger 10 On a bun Am. Cheese Pasta Vegetables Fruit Milk	4 Hot Ham and 11 Cheddar cheese Sub French fries Vegetables Fruit Milk	5 Beef Ravioli 12 Side salad Bread sticks Fruit Milk
15 Chicken Waffle sandwich Couscous Vegetables Fruit Milk	16 Tacos Lettuce, Tomato Rice French fries Fruit Milk	17 Chicken and Broccoli over Rice Bread sticks Fruit Milk	18 Hot dog On a bun French fries Vegetables Fruit Milk	19 Cheese or Pepperoni pizza Vegetables Muffins  Fruit Milk
22 Chicken alfredo Or meat spaghetti sauce Pasta Vegetables Bread sticks Fruit/ Milk	23 Popcorn Chicken French fries Vegetables Muffins Fruit Milk	24 Tomato soup Toasted cheese Sandwich Vegetables Fruit  Milk	25 Hamburger On a bun Am. Cheese Smiles Vegetables Fruit Milk	26 Chicken Caesar Salad Muffins Fruit Milk
29 Dorito Nachos Cheddar cheese Fruit Milk 	30 Turkey & ham Sub French fries Vegetables Fruit Milk	Sandwiches & Salads are made daily as part of the lunch options	Juice is offered daily along with fruit for grades 9-12	All bread products are whole grain enriched Nondairy and Gluten Free options available

**LUNCH MENU IS SUBJECT TO CHANGE WITHOUT NOTICE**

